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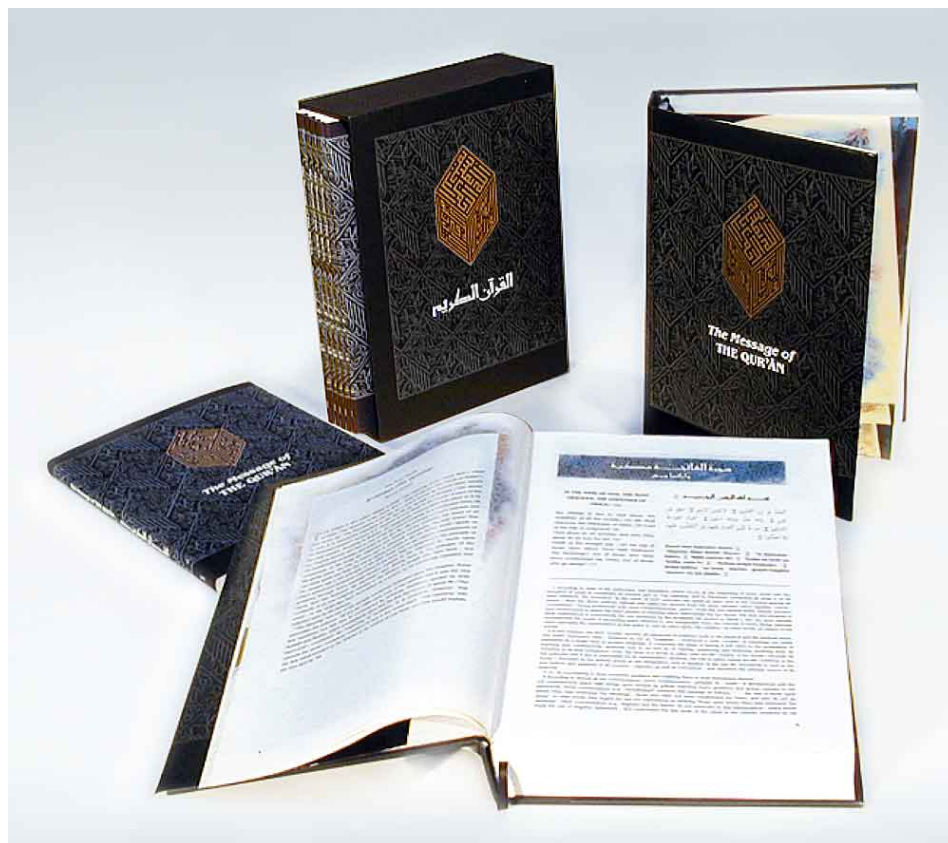
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*The Message of the Qur'an translated and explained by Muhammad Asad*

Single hardback volume  
Price: \$55.00 (USA) £28 (UK)  
ISBN 1904510000 (9781904510000)  
1200 pages 217mm x 294mm (8.5 x 11.6 inches)  
2004

Slipcase set of 6 paperbacks  
Price: \$60.00 (USA) £33 (UK)  
ISBN 1904510019 (9781904510017)  
1248 pages 212mm x 286mm (8.3 x 11.3 inches)  
2004

The *Message of the Qur'an* by Muhammad Asad, dedicated to “people who think”, serves as a matchless aid to understanding the Holy Book of Islam and provides in itself a complete education in the faith.

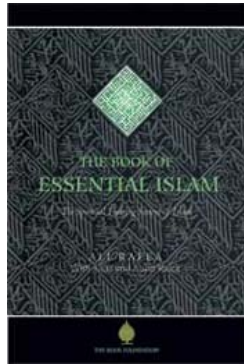
As the distinguished British Muslim, Hasan Gai Eaton, explains in a new Prologue to the work, there exists no more useful guide to the Qur'an in the English language than Muhammad Asad's translation and commentary, and no other translator has come so close to conveying the meaning of the Qur'an to those who may not be able to read the Arabic text or the classical commentaries.

Muhammad Asad's obituary in the *Independent* praised his *magnum opus*, *The Message of the Qur'an* as a work without rival in English as an interpretation of the Holy Book, not only in its "intellectual engagement with the text", but also in its "intimate, subtle and profound understanding of the pure classical Arabic of the Qur'an".

This new edition makes the work even more accessible by introducing

- a complete Romanised transliteration of the Arabic text
- a supporting guide to pronunciation
- a newly compiled general index of names and key concepts
- original artwork by the internationally renowned Muslim artist and scholar, Dr. Ahmed Moustafa.

The unique value of Muhammad Asad's lifelong labour in bringing to light the teachings of the Qur'an is becoming widely and deservedly recognised at a time of growing worldwide interest in what the universal message of Islam has to offer mankind.



*The Book of Essential Islam: The Spiritual Training System of Islam By Ali Rafea  
with Aliaa and Aisha Rafea*

US Price: \$21.95 UK Price: £10.95  
ISBN 1904510132 (9781904510130)  
276 Pages 152mm x 229mm (6 x 9 inches)  
2004 Paperback

Description on back cover

*The Book of Essential Islam* examines the main teachings and practices of Islam with lucidity and depth. It can serve equally well to introduce non-Muslims to Islam, as well as to enhance Muslims understanding of their own faith. Through their balanced and yet profound perspective, the Rafeas elucidate the idea of Islam as the Primordial Religion (*Din Al-Fitrah*), the Religion that all Prophets conveyed and that was revealed to Abraham.

This book presents Islam as a spiritual training system that supports human beings in harmonizing themselves with the Divine Order and thus with each other and the natural environment. It reveals the intent and inner significance of practices like ablution, ritual prayer, fasting and pilgrimage.

The Revelation to the Prophet Muhammad was and remains a continuation, confirmation, and clarification of the One Message that the Divine has sent to humanity since Father Adam. The core of that Message is the essence of spirituality freed from superstition, dogmas, authoritarianism, and fanaticism. From its beginnings Islam has affirmed freedom of belief, respect for other religions, and the unity of humanity.

Ali Rafea, PhD, is a teacher and the director of the Egyptian Society for Spiritual and Cultural Research. He is a coauthor of *Islam from Adam to Muhammad and Beyond* and the author of *Beyond Diversity*. Aliaa Rafea, PhD, obtained her doctorate from the university of Ain Shams University. She is a coauthor of *Islam from Adam to Muhammad and Beyond*. Aisha Rafea is a journalist whose articles regularly appear in *October*. She is a coauthor of *Islam from Adam to Muhammad and Beyond*.



*The Book of Revelations: A Sourcebook of Selections from the Qur'an with Interpretations by Muhammad Asad, Yusuf Ali, and Others Selected and Edited by Kabir Helminski*

Price: \$32.95 (USA) £16.95 (UK)  
ISBN 1904510124 (9781904510123)  
508 pages 152mm x 229mm (6 x 9 inches)  
2005  
Paperback

Description on back cover

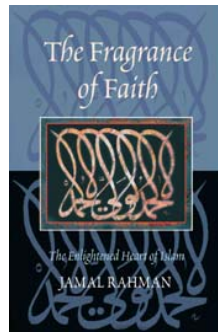
Two hundred and sixty-five titled selections from the Qur'an with interpretations highlighting the essential spiritual themes, presented in a fresh contemporary translation of high literary quality. An essential source book for Muslims and non-Muslims alike.

One of the most compelling needs of our time is to help people understand how and why the Qur'an has guided and inspired generations of human beings for more than fourteen centuries. If you are new to the Qur'an, we hope that this book will provide a balanced view of the Heart of its content. If you are already a student of the Qur'an, we hope that these selections will perhaps awaken a new appreciation for the universal spiritual wisdom of the Book.

The interpretations are not meant to be the final word, but rather a point of entry to the universe of meaning offered to us by the Qur'an. The reader will encounter a variety of viewpoints and understandings and will be encouraged to deepen his or her understanding by reflecting upon the material offered here. In some cases the interpretations offer background information that establish a context for the verses. In other cases one might be opened to a direct soul encounter with the words themselves.

The most frequently quoted interpreter in these pages is Muhammad Asad, who, more than anyone in the twentieth century, assimilated the traditional commentaries and integrated them into the most comprehensive commentary available in any language. In addition; the extensive commentaries of Yusuf Ali shed much light on the selections offered here. In these pages you will also find classical commentators like Kashani, contemporaries like Fadhlallah Haeri and Michael Sells, and even some interpretations by Islamic laymen who offer the fresh view of the non-specialist.

Kabir Helminski is an internationally known Islamic scholar, translator, and poet. He is the author of *The Knowing Heart*, *Living Presence*, and *The Pocket Rumi*. He lives in Santa Cruz, California.



### *The Fragrance of Faith: The Enlightened Heart of Islam By Jamal Rahman*

Price \$15.95 (USA) £9.95 (UK)  
ISBN 1904510086 (9781904510086)  
176 pages 152mm x 229mm (6 x 9 inches)  
2004 Paperback

The essence of Islam is conveyed to spiritual students in this practical and heart-warming introduction to the religion and its practices. The ancient wisdom of the faith is lovingly passed down to readers from a distinguished lineage of teachers, including the author's own parents and grandparents. Each chapter features a series of thought-provoking questions and suggestions concerning Islamic spirituality along with a list of actions that will guide new believers in the simple spirituality of the faith while spreading compassion worldwide.

Jamal Rahman is a therapist and interfaith teacher. He lives in Seattle, Washington.

#### **Reviews**

*This book reveals the inner Islam that has been passed down through the generations. Jamal is a link in this chain, passing along the message, just as he received it from his grandfather, a village wiseman in Bangladesh. We need reminders of this "enlightened heart of Islam" in our lives, our homes, and our schools. In Jamal Rahman's book Islam is alive and well.* ~ Imam Feisal Abdul Rauf, Author of *Islam: A Sacred Law* and *What's Right With Islam*.

*This heartfelt book is perfect for the classroom, whether in a Muslim context, or outside of it. It conveys a tradition of compassion and humor passed through one family that represents the best Islam has to offer. And Mr. Rahman is highly entertaining.* ~ **Michael Wolfe**, *The Hadj: An American's Pilgrimage to Mecca*.

*Jamal Rahman conveys the Soul of Islam from a great lineage of teachers, including his own grandparents and parents. Here is an authentic spiritual guide presenting a spacious feast for both mind and heart, with specific ways to translate that teaching through compassionate action in the world. This is an important book for our time and for all times.* ~ **Rabbi Ted Falcon**, Ph.D., author of *A Journey of Awakening: Meditations on the Tree of Life* and co-author of *Judaism for Dummies*, Rabbi of Bet Alef Meditative Synagogue in Seattle.

*A priceless book! You cannot read *The Fragrance of Faith* and not be equally inspired by its eminently practical spirituality, its deeply-felt devotion, its awesome humility, and its heartfelt humanity.* ~ **Brother Wayne Teasdale**; author of *The Mystic Heart: Discovering a Universal Spirituality in the World's Religions* and *A Monk in the World*

*In simple and eloquent words, this book captures the heart and spirit of Islam. I have not had the pleasure of reading a more lovely and wise introduction to this faith, nor, for that matter to the wonders and beauty of our relationship to the sacred, whatever one's religious path. A true spiritual treasure!* ~ **David Spangler**, author of *Blessing: the Art and the Practice* and *Apprenticed to Spirit*.

*You will not find a better introduction to both the depth and humor of this great tradition, as well as practical suggestions to make its insights your own.* ~ **Dr. Neil Douglas-Klotz**, co-chair of the Mysticism Group of the American Academy of Religion and author of *Desert Wisdom* and *The Hidden Gospel*



*The Book of Character:  
Writings on Character and Virtue from Islamic and Other Sources  
Edited by Camille Helminski*

Price \$32.95 (USA) £16.95 (UK)  
ISBN 1904510094 (9781904510093)  
484 pages 152mm x 229 mm (6 x 9 inches)  
2004 Paperback

Description on back cover

What does it mean to be a human being in the 21<sup>st</sup> Century? What can we learn from the world's spiritual exemplars? Here is a collection of writings dealing with the qualities of our essential Human Nature: Faith and Trust; Repentance and Forgiveness; Compassion and Mercy; Patience and Forbearance; Modesty; Humility and Discretion; Purity, Intention and Discernment; Generosity and Gratitude; Courage, Justice and Right Action; Contentment and Inner Peace; Courtesy and Chivalry.

From the Prophets Abraham and Moses, to the sages Confucius and Buddha, to the Prophet Muhammad, his wife Khadija, and his companions Abu Bakr and 'Ali, through great saints like Rumi, and humanitarians like Florence Nightingale, Mother Theresa and Martin Luther King, and even in the personal story of the bicyclist Lance Armstrong, we find stories and wisdom that will help us toward spiritual well-being.

*The journeys of the spiritual teachers of humanity; the prophets and messengers of God are eternal sources of inspiration for all souls who long for meaningfulness. Their experiences enlighten the way of humanity forever. Deep reflections on their journeys could inspire the modern world with so many meanings that our era lacks. Learning from them does not imply going back to the past; it is an invitation to humanity to refresh its memory of how a human being can fulfil his or her humanity with the hope that we might have a better future. Aisha Rafea, author of *Islam from Adam to Muhammad and Beyond**

*According to Al-Ghazali, "A trait of character...is a firmly established condition of the soul, from which actions proceed easily without any need of thinking or forethought." A thing's character is its essence, its true nature. Yet we talk about building human*

*character, as if character were something that could develop over time. If our character is our true nature, isn't it something we were born with? Why do we have to develop it? To say that someone "has character" means that he or she has taken some real steps toward becoming a true human being. Charles Upton, author of Doorkeeper of the Heart and contributor to this volume.*

Camille Helminski is a founder and director of the Threshold Society. She is a coauthor of *Jewels of Remembrance: 365 Selections from the Wisdom of Rumi* and *Rumi: Daylight*, and the author of *Women of Sufism*. She lives in Santa Cruz, California.

## Reviews

*Islam's ethical tradition is one of the richest in the history of human thought. This book provides a general reader with an excellent selection from that tradition and it can be opened at any page with delight. ~ Shaykh Hamza Yusuf*

*This book comes as a balm for the Muslim heart and soul. This exquisitely beautiful, moving expression of the virtues of believers in Islam and other religious traditions at their best proves the spiritual unity and harmony of all mankind. ~ Muslim World Book Review*

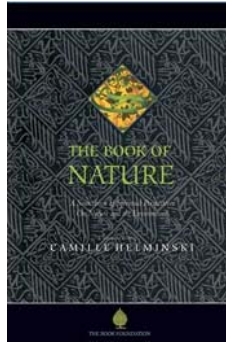
Complete Review from Muslim World Book Review, April 2005

*While recent horrific behaviour by terrorists has blackened the image of Islam throughout the world almost beyond redemption, the present book under review comes as a balm for the Muslim heart and soul. Despite her English name, the American editor of this anthology is without a doubt a fervent Muslim, burning to present the true message of Islam to all her readers through the medium of compassion, mercy, charity, patience, perseverance, truthfulness, trustworthiness, sincerity, modesty generosity, gratefulness, kindness and love. Numerous relevant illustrations from the lives of the prophets, Sahaba,, saints, religious teachers and spiritual exemplars from other major world religions prove that the quest for absolute values which alone give meaning to life and death is universal, innate in the basic nature of the human being, transcending race, sex, time or place.*

*Muslim female saints play a prominent role in this book and demonstrate by their mere presence, the meaning of true femininity in Islam. The vivid presentation of the lives of these great Muslim women is sufficient to erase the frequent negative images over the media of the Muslim women as 'oppressed' and 'despised'. Abundant illustrations from the Holy Prophet's own life show why he is so much loved by all Muslims as a 'mercy to the world'. This book demonstrates why Sufism or the disciplined cultivation of the spiritual life is the very heart and soul of Islam without which it cannot survive. This exquisitely beautiful, moving expression of the virtues of believers in Islam and other religious traditions at their best prove the spiritual unity and harmony of all mankind.*

*It is hardly an oversimplification to diagnose all the mortal afflictions in the materialistically-mad world of today as the sad result of the brutal violation of all the principles found in this book. ~ Maryam Jameelah.*





*The Book of Nature:  
A Sourcebook of Spiritual Perspectives On Nature and the Environment  
Selected and Edited by Camille Helminski*

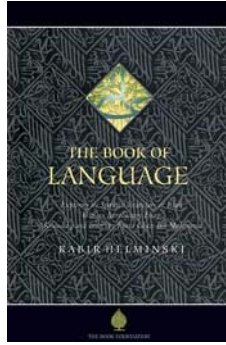
Price \$32.95 (USA) £16.95 (UK)  
ISBN 1904510159 (9781904510154)  
512 pages 229mm x 152mm (6 x 9 inches)  
2006 Paperback

Description on back cover

*The Book of Nature* is an anthology of spiritual perspectives on nature and the environment, highlighting the human role in honouring and maintaining the balance. Part One looks at the “Basic Principles” of Unity, Interdependence, Power & Beauty, Communication, Adaptability, Creativity & Transformation, Endurance & Rejuvenation. Part Two includes sections on the Four Elements and The Communities (Species) of Life. The Final Section is “Caring for God’s Creation” from the Muslim perspective. Nature is the Book of God, open before us, from which there is much to learn. While themes from the Qur’an introduce each chapter, *The Book of Nature* also includes the wisdom of other faith traditions, as well as insights from individuals whose sensitivity to the natural world can assist in reawakening our own.

Description in IPG catalogue

This anthology of spiritual treatments of nature and the environment presents an uplifting and universal approach to appreciating the natural order from a Muslim perspective. Each chapter is introduced with a passage from the Qur’an and followed by pieces that highlight the human role in maintaining balance in the world. Selections range from poems to short essays and cover topics such as unity, interdependence, communication, the four elements, diversity, and wonder. Including contributions from Muhammad Asad, Alain de Botton, Thomas Berry, Guy Eaton, Seyyid Hossein Nasr, and Vandana Shiva, these reminders of the power of the Divine Order allow for a deeper appreciation of the interdependence of life and nature.



*The Book of Language: Exploring the Spiritual Vocabulary of Islam*

*By Kabir Helminski,*

*With an Essay, Truth and Knowledge, by Prince Ghazi Bin Muhammad*

Price \$17.95 (USA) £10.95 (UK)

ISBN 1904510167 (9781904510161)

150 pages 152mm x 241mm (6 x 9.5 inches) 2006 Paperback

Description on back cover and in IPG catalogue

The spiritual vocabulary of the Islamic tradition offers profound and enlightening concepts that do not easily lend themselves to English translation. Serving as both a translation guide and a glossary, this book clarifies 200 key spiritual, philosophical, and metaphysical terms in Arabic and English, from *ahl*, *Allah*, and *amanah* to will, worship and witnessing. Its task is not only to elucidate Islamic concepts within a comprehensive model of the human soul and its spiritual faculties, but to develop a spiritual vocabulary in English, as well.

Included is an essay by Prince Ghazi Bin Muhammad, entitled “Truth and Knowledge,” which explores Islamic epistemology, or “what we know and how we know it.”

Kabir Helminski, the author and translator of numerous works on Islamic spirituality, brings to this work more than thirty years experience in the translation of Islamic concepts. Prince Ghazi Bin Muhammad is the author of *The Sacred Origin of Sports and Culture*. He teaches Islamic philosophy in Jordan and was the Cultural Secretary to H.M. King Hussein of Jordan.